

WHAT IS SEVA?

Seva literally means selfless service offered to God, work performed with an attitude of non-doership, without personal attachment to the outcome. Seva is more than volunteering your time and talents to help and support the Center or the community - it is a spiritual practice.

Perhaps one of the greatest benefits is the experience of deep connection to the Divine as we offer the best of ourselves to this world and to God.

COMMON QUESTIONS ABOUT SEVA

Q: Do I need any special skills?

A: Each team enthusiastically invites you to share talents and skills you already have or to jump right into something new and learn it.

Q: Can anyone join a Seva team?

A: Yes! Many people who perform Seva at the Center do so as friends. One of the best ways to get acquainted with others in this spiritual community is through Seva. People often find themselves drawn to membership with the Center through the power of their Seva experience.

SEVA AT THE CENTER

Seva is selfless service to the spiritual community as a training ground, as it were, for finding the best in ourselves. First we offer Seva in this community and then in the larger world.

Gradually, through shared work efforts, interpersonal interactions, and self-reflection, we learn more about our deepest self on an experiential level.

The Center currently has 16 Seva areas. There are a rich variety of activities to choose from.

Center for Spiritual Living, Redding

Mailing Address
P. O. Box 493700
Redding, CA 96049-3700

Physical Address
1905 Hartnell Avenue
Redding, CA 96002

Phone: 530-221-4849
Fax: 530-221-4840

E-Mail: lorie@cslredding.org
Website: www.cslredding.org

*“Service is the keynote to success...also
loyalty to your work and to all concerned...”*
Ernest Holmes

SEVA: The Gift of Service



*Center for
Spiritual Living™
Redding*

CENTER SEVA TEAMS

- ❖ **Administrative Office Support**
Assist in the Center office a few hours a week with various projects.
- ❖ **Audio/Video**
Assist Ministers and musicians for Sunday Services and Special Events. Also includes creating outreach through CD, DVD and podcast production.
- ❖ **Awareness Bookstore Sunday Clerk**
Serve as a clerk on one Sunday each month and for special events in the Bookstore.
- ❖ **Awareness Newsletter Mailing**
Meet once per month to collate, fold and mail the newsletter.
- ❖ **Building Maintenance**
Help on various maintenance and building projects during the year.
- ❖ **Children's Church Support**
Serve as a Children's Church teacher or assist with family programs on Sundays.
- ❖ **Cleaning**
Clean a certain area or areas of the Center on a regular basis (at least once a week).
- ❖ **Community Outreach**
Assist in a number of projects designed to give back to the larger community we live in.
- ❖ **Congregational Support**
Prepare and deliver a meal to a person or family undergoing a life transition or challenge. Also offer rides to medical appointments.

- ❖ **Events Support (BLISS)**
Either be or assist an event leader in providing what is needed to create and manage a special event for the Center.
- ❖ **HeartSangha Choir**
Sing beautiful music for the Sunday Services twice each month and for Special Services. Also host the Social Hall once a month.
- ❖ **Landscape/Grounds Maintenance**
Monthly maintenance of the lawns and gardens to beautify and enliven the grounds.
- ❖ **Prosperity**
Help count and prepare the weekly collections and deposits and mail quarterly statements.
- ❖ **Sunday Services (Greeter/Usher)**
Serve as a greeter or usher one Sunday each month or for Special Services.
- ❖ **Sunday Social Hall Luncheon**
Provide food for the congregation on Sundays and for quarterly membership meetings.
- ❖ **Welcome Newcomers**
Serve as someone who welcomes newcomers to the Center, gives them tours, etc.



HEART OF SEVA!

I pledge my
SEVA
(selfless service)
to CSL Redding!

- Administrative Office Support
- Audio/Visual
- Awareness Bookstore Sunday Clerk
- Awareness Newsletter Mailing
- Building Maintenance
- Children's Church Support
- Cleaning
- Community Outreach
- Congregational Support
- Events Support (BLISS)
- HeartSangha Choir
- Landscape/Grounds Maintenance
- Prosperity (Monday morning counting)
- Sunday Services (Greeter/Usher)
- Sunday Social Hall Luncheon
- Welcome Newcomers

Name: _____

Address: _____

Home Phone: _____

Cell Phone: _____

E-Mail: _____

You will be contacted by the SEVA team leader of the team(s) you've chosen to support.